

# Importance of Good Drug Adherence For People Living with HIV and Hypertension

**01**

## Dual Responsibility

Managing both HIV and hypertension requires strict adherence to medication schedules.



**02**

## Vital Stability

Consistent medication intake stabilizes both conditions, enhancing overall health and well-being.

**03**

## Preventing Cardiovascular Complications

Adherence reduces the risk of complications, such as opportunistic infections or cardiovascular issues.



**04**

## Consulting Healthcare Providers

Regular consultations ensure proper monitoring and adjustment of medication plans as needed.

**05**

## Daily Routine

Incorporating medication intake into your daily routine promotes consistency and efficacy.



**06**

## Lifestyle Support

Medication adherence complements healthy lifestyle choices, fostering better management of both conditions.

