

OKWENENE OKUHAMBIRE OKWA PURESHA



Akatabu ak'omulhwere kano kahulukibawa na be INTEGRATED HIV/HTN purojekiti eya IDRC nabanwani babu. Purojekiti nikithende okwandakanizya eye EDCTP2 ibanimuthikanibwa na be European Union (erigahira namba CSA2018HS-2518 INTEGRATED HIV/HTN). Ebirengekanio n'oburengekanio ebyabahandiki ebikakanganaya ebirimuno sibirikanaya kutsi sibirimanisaya ebyo ebya EDCTP.



AKATABU K'OMULHWERE

Erihererya abalhwere abali omwa purojekiti ey'erisondyason dya akapapura ok'omwatsi owakasomesaya okwa bukulu obwerikenderya puresha

OBUTSIBU OBWE PURESHA OBUTHATSIGHIRIBAWA

01.



Eryongera obutsibu obwerithunga obulhwere obw'omuthima

02.



Eryongera obutsibu obw'omuthima erilemererwa

03.



Eryongera obutsibu obw'eshyambiko erilemererwa

04.



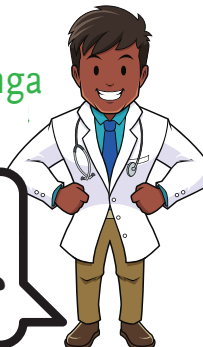
Eryongera obutsibu obwerikeha omwikenga (erithokesya omwirengekanya, eribuka n'erihanulha)

05.



Eryongera obutsibu obwerithunga ekikangararu

Wanaghunza buthuku bungahi wakabere puresha?



EBIKAKOLHAWA OMWITAMBUZYA OBUYINGO BWAGHU EBIKAWATHIKAYA OMWIKEHYA EPURESASHA

01.



Eriya ebyala ebuwene omuli nge ebighuma, ebithi kandi ne bindu ebithemu ebisabu

02.



Isighongera omunyu omwa byalya ebitsumbire.

03.



Erikolha omubere obulikiroe

Bwira abathahwa baghu obw'okwithambiro eripima kutsi erikebera epuresha yaghu munabwire kutsi obulighenda okwa kiriniki.

04.



Erieka erinwa thaba

05.

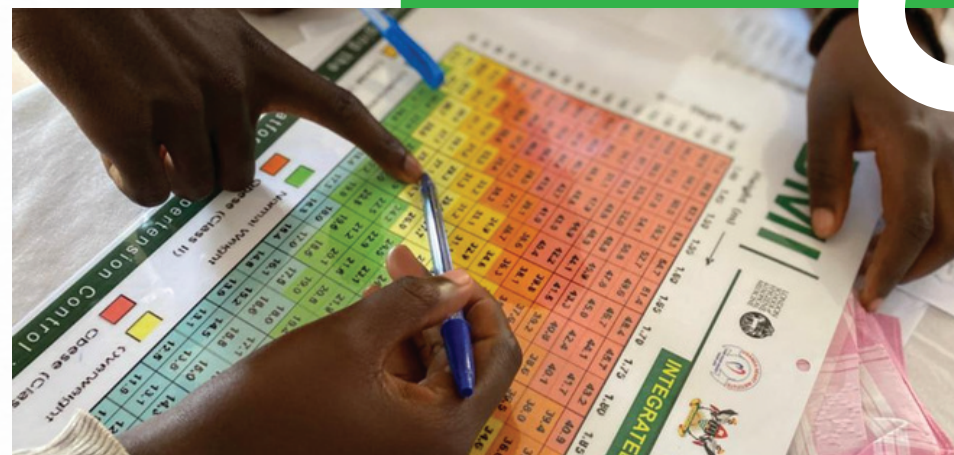


Erikehya erinwa obwabu



Emikolhere eyuwene kutsibu omwilhorerera HIV puresha

Omubatsi owe HIV (ARVs) abiwathikya abandu erikalha na HIV, erikiriyabo eribyo habwobuthuku ekikalhwamu erithunga puresha eyahaghulhu. Kusangwa bali hakulu nerithunga e puresha eyahaghulhu, thukahiraho erikebera epuresha buli eribungira kiriniki.



Obukulu obwerikebera epuresha

Erikebera epuresha niry'omugashu kusangwa epuresha eyahaghulhu obuthuku bunene siyiwith obumanyikalhu kandi siyangalhangirwa ghuthethapimwa.

Obukulu obw'erithambira epuresha

Erithambira epuresha rikawathikaya omwi bika epuresha yaghu okwa muthindu owobuyingo kandi rikaghunzaho obutsibu obw'obulhwere bw'omuthima, erihambwa omuthima, ekikangararu, eshyambiko erilemererwa kandi nerikehya omwikenga.

