

EBIRIKUKWATA AHA NDWARA YA PURESHA



Aka katabo k'omurweire kakoziwe aba INTEGRATED HIV/HTN Project kuruga omu IDRC nabubakukwatanisa naabo. Enkora egi eri ekicweka aha ntekateka ya EDCTP2 erikushangikwa aba European Union (grant number CSA2018HS-2518 INTEGRATED HIV/HTN). entekateka n'ebibitekyerezo by'abahandiki ebiri omukatabo aka tikikumanyisa ngu nibyoreka emitwarize y'ebyo ebya EDCTP.



AKATABO K'OMURWEIRE

Kuha abarweire abari omukora egi akatabo akariho endagiriro y'omugasho gw'okwetangira puresha

EBY'OKWERARIKIRIRA OMU PURESHA ETATANGIRWE

01.



Nikyogyera okwehuuba kw'omutiima

02.



Nikyogyera okuremererwa kw'omutiima

03.



Nikyogyera obutakoragye kw'etsigo

04.



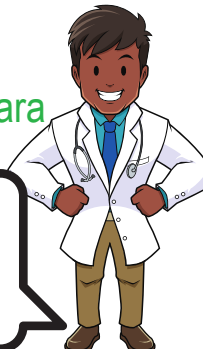
Kibaasa kwogyera ahakuremesa enkora y'obwongo (nka amaani g'okutekyereza, okwijuka n'emitwarize omushonga)

05.



Kibaasa kwogyera okushanyarara

Ohereruka ryari okwekyebeeza puresha?



EBY'OINE OKUKORA BUTOOSHA OKWETANGIRA PURESHA

01.



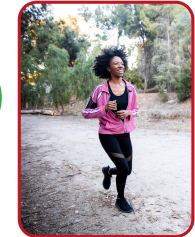
Okurya ebyokurya by'okugarizamu amaani nka ebijuma, eby'emboga n'ebishaju bikyе bikuruga omuby'amate

02.



Obutongyera mwonyo muby'okurya bitekire

03.



Okukora duyiro obutosha

Buuzamuhereza waawe w'obujabi bwebyamagara okukukyebera puresha erizooba nginga buri bworaze ah'irwariro.

04.



Ruga aha kureesa

05.

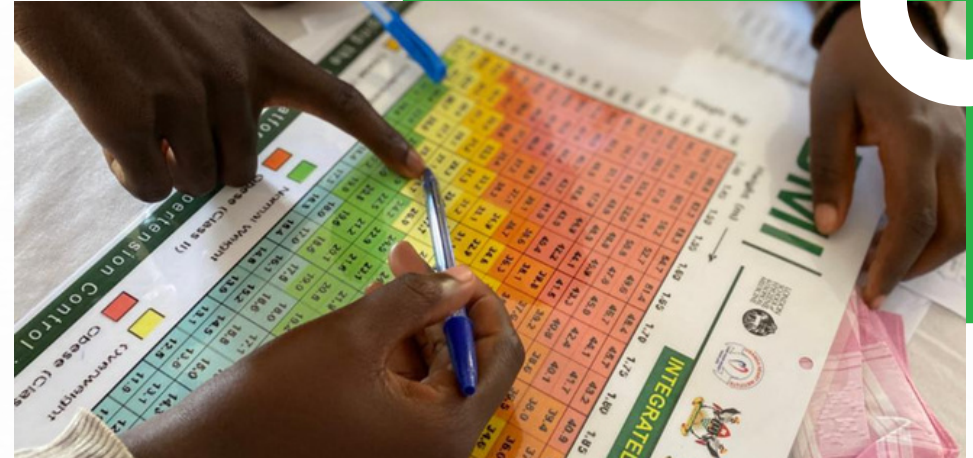


Kyendeza okunywa amarwa



Ebirungi eby'oine kukora omukujajaba akakooko akarikureeta sirimu (HIV) na puresha

Emibaazi y'akakooko akarikureeta sirimu (ARVs) etungwire eby'amagara omubantu abarikutura n'akakooko akarikureeta sirimu, kakubongyera obwire buringwa kuguma bahureire ekyakubaasa kubaretera okurwara puresha Nitubahabura okukyebeza puresha burikuza ah'irwariro.



Omugasho gw'okukyebeza puresha.

Okukyebera puresha
n'eky'omugasho
ahabw'okuba puresha
teyine bumanyiso kandi
tokagimanya yaba
etampimirwe.

Omugasho gw'okujajaba puresha.

Obujajabi bwa puresha nibuyamba okutsigaza eshagaama yaawe ahakimpimo ekihikire endwara z'omutiima, okushanyarara, okuremwa kwetsigo n'okuremwaokukora kw'obwongo

